

## RSCA 2024-25

### Varsity and Middle School Cross Country Schedule

Date	Location	Teams
8/17/2024- Saturday	Into The Trail Invitation, Locust Grove	Varsity Boys- 8:00 am Varsity Girls- 8:40 am MS combined – 10:40 am
8/24/2024-Saturday	Mary Person, Forsyth	Varsity Boys- 7:30 am Varsity Girls- 8:00 am MS Boys- 9:20 am MS Girls- 9:45 am
9/5/2024- Thursday	GMC Bulldog Dash, Milledgeville	MS Girls - 4:30 pm MS Boys- 5:00 pm Varsity Girls- 5:30 pm Varsity Boys- 6:10 pm
9/7/2024-Saturday	Konos, Fayetteville	Varsity Boys 9:00 am Varsity Girls 9:10 am MS Boys 9:50 am MS Girls 10:00 am
9/12/2024- Thursday	Hornet Hustle, Macon	MS Girls- 5:00 pm MS Boys- 5:30 pm Varsity Girls- 6:00 pm Varsity Boys- 6:30 pm
9/14/2024- Saturday	Konos, Fayetteville	Varsity Boys 9:00 am Varsity Girls 9:10 am MS Boys 9:50 am MS Girls 10:00 am
9/21/2024- Saturday	Ranchers-Release the Hounds, Gray	Varsity Boys 9:15 am Varsity Girls 9:45 am MS Boys 12:00 pm MS Girls 12:30 pm
9/26/2024-Thursday	OMA Conquer the Mountain, Carrollton	4:00pm start Varsity Boys Varsity Girls MS Boys & Girls combined
9/28/2024- Saturday	Upson-Lee Invitation, Thomaston	Varsity Girls- 8:00 am Varsity Boys- 8:40 am MS Girls- 10:00 am MS Boys- 10:30
10/5/2024- Saturday -(FALL BREAK)	Alexander/Asics, Fairburn	TBA- Participation Optional
10/8/2024- Tuesday	Region- OMA Region, Carrollton	TBA
10/10/2024- Thursday	Run the Plank, Brunswick	Varsity Only- Overnight trip Varsity Boys- 5:00 pm Varsity Girls- 5:45 pm
10/26/2024- Saturday	GIAA IA State	TBA